

## Sample Training Schedule

The field training involves the erection and dismantling of a 5-section tower (with one phase) and a 9-section tower. A description of the training plan is shown below. Specimen drawings for the training towers are provided.

### Day 1: (7.30 – 4.00 pm)

- General presentation – introduction to Tower Solutions
- Opening of containers/material – discussion of equipment and components
- Establish teams (2 crews with a foreman, maximum of 10 people per crew)
- Site preparation
- Stage materials
- Installation of foundation
- Installation of anchors
- Installation of initial sections
- Secure container for the night

### Day 2: (7.30 – 4.00 pm)

- Unload container, Stage materials/tools
- Erection of Suspension tower up to 13.5 m high.
- Load container, secure site for the night

### Day 3: (7.30 – 4.00 pm)

- Unload container, Stage materials/tools
- Installation of Phase Components
- Dismantling of the tower
- Secure site for the night

**Day 4: (7.30 – 4.00 pm)**

- Unload container, Stage materials/tools
- Discussion of Scenario planning, site safety concepts
- Setup of 9 section tower
- Load container, secure site for the night

**Day 5: (7.30 – 2.00 pm)**

- Unload container, Stage materials/tools
- Installation of phase components
- Dismantling of tower
- Return material to warehouse/container.
- Field training wrap-up, final review.